

Best Hip Replacement Doctor in Jaipur Hip Replacement arthroscopic surgeon

M.S. Orthopaedics 7-JHA-12, Jawahar nagar, Jaipur-302004 Rajasthan, India

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Best Hip Replacement Doctor in Jaipur Hip Replacement arthroscopic surgeon Are you tired enough to handle your pain of hips while moving, sitting or standing? There is no need to worry about, as we have the best orthopaedic surgeon here, i.e. none other than Dr Anoop Jhurani. Dr Anoop Jhurani is renowned as his mastery in the orthopaedic surgeries, knee replacements, hip replacements and many other issues related to your joints or bones. Sometimes, inflammation also occurs with pain which may lead to excessive pain and stiffness in your movements. The injury could be the reason sometimes but arthritis is the major issue behind these pains. Best Hip Replacement Doctor in Jaipur There might be some strengthening exercises which you should do regularly to strengthen your muscles. Even after this, your muscles, tissues or bones have some serious issues then you must visit Dr Anoop Jhurani, best choice even if you need suggestions related to knee, bones or any orthopaedic situations. Recovery after the hip replacement requires regular workout to make it smoothly recover. It takes approximately four to six weeks to move properly. Initially, you should use crutches or a stick to walk properly, after some time you'll be able to run. Some people get back to their life after 2-3 months of bed rest (it varies from people to people). Sometimes, you may take 6 months or a year of time to get back to your routine. Every case is different to handle according to their situation. There will be some precautions and some exercise through which you can get your normal life back. It demands some time to cure, but after a while, everything will fall in the right place. So, if you're planning to get your hip replacement done by the best doctor of hip replacement, then you should visit Dr Anoop Jhurani. Get x-rays with you and take a piece of better advice to heal and to plan your hip replacement.

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